



NBC Rowing Navigation Map

Seekonk River & Providence Harbor

- North Bound Rowing Area**
- South Bound Rowing Area**

- Red Buoy** - Marks the starboard edge of the channel for vessels heading north.
- Green Buoy** - Marks the starboard edge of the channel for vessels heading south.

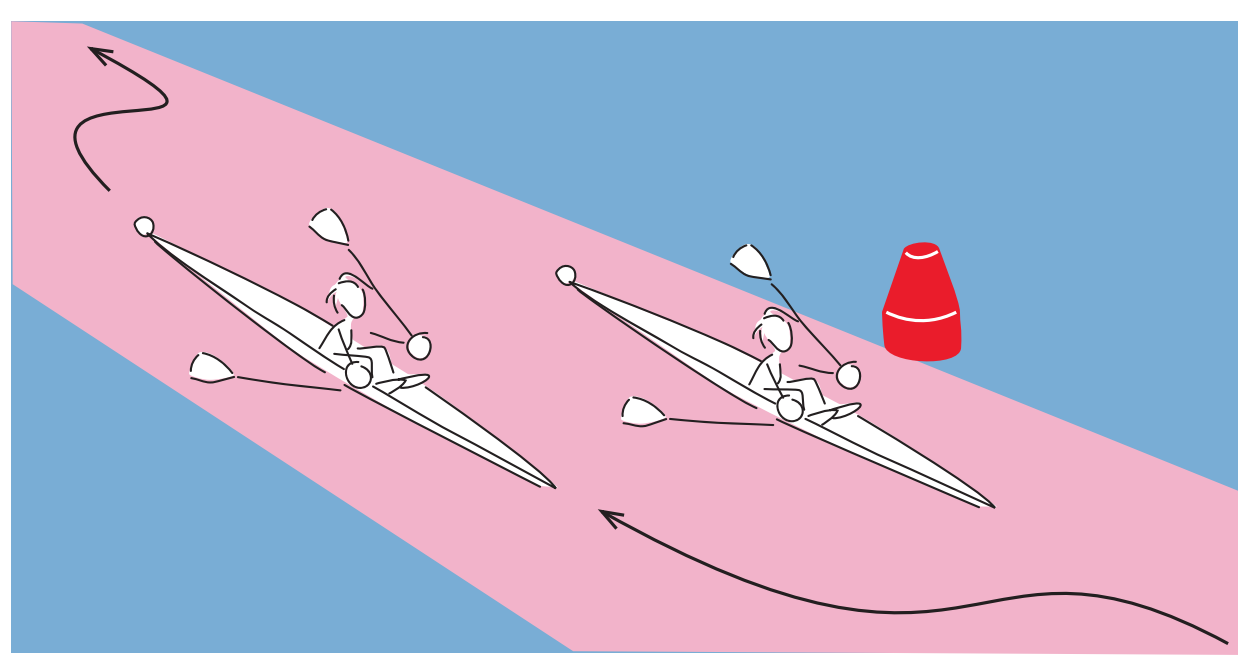
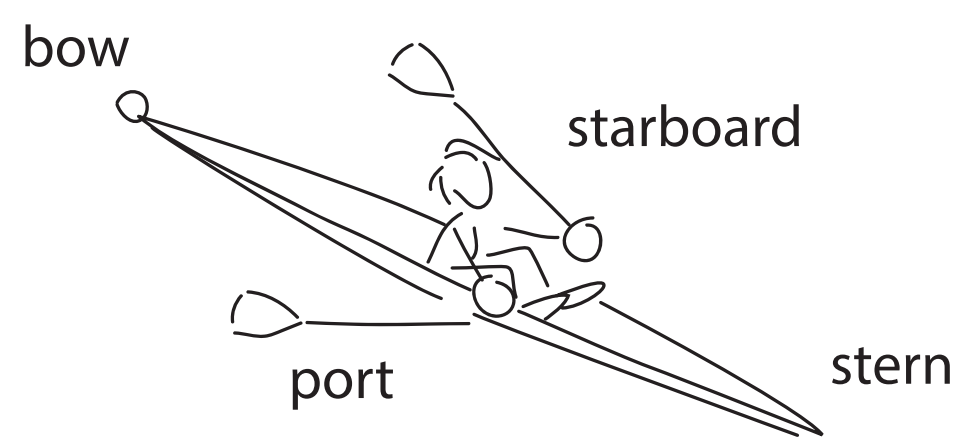
Stay on Path - Areas in pink and light green are one way paths which have appropriate boundaries for rowing shells. Stay out of the area between the opposing rowing paths.

Be Aware - Pay attention to your surroundings. Look and listen for people, boats, bridges, buoys, fishing lines, and floating debris. Use a mirror if you can.

Communicate - If a boat is coming too close let them know where you are. If you see a rower who is off course kindly let them know.

Be Cooperative - The water is public domain, share the river and play nice. As a representative of Narragansett Boat Club, keep our reputation in the highest light.

Safety First - Know your limit. Row with a buddy if you can.



Passing Etiquette - Faster shells pass on port and slower shells yield to starboard. The same as you would if driving on a road.

Approximate Trip Distances

Meters	Distance
8800	NBC - Pawtucket Pier - NBC
12400	NBC - 195 - Pawtucket Pier - NBC
15900	NBC - 195 - Pawtucket Pier - 195 - NBC
15550	NBC - Snow Cone - NBC
5000	HOTS (Head of the Seekonk): Harbor Buoy 2 - Buoy 18
3500	NBC - 195 - NBC
6000	NBC - Harbor Buoy 2 - NBC
6400	NBC - Buoy 22 - NBC

