



Official Newsletter of Narragansett Boat Club



Photo Credit: Meg Wilson

IN THIS ISSUE:

Sweeps & Sculls

Cromwell Cup

HOTS & Open Row

Captain's Corner

Racing on the Seekonk

From the Seekonk to
Vaires-Sur-Marne

Safety Update

SWEEPS & SCULLS

All hail Wes Kerns and Scott Whitney for delivering a record-breaking Sweeps & Sculls Regatta on July 27. More than 500 athletes came from across New England (Long Island, even!) filling more than 300 entries in almost 50 races. The regatta chairs deployed dozens of volunteers to launch all the races safely -- and to enthusiastic reviews from our guests.

One such testimonial came from Kate McElroy of Riverfront Recapture, who wrote: "The dockmasters were so awesome while we were hotseating our cox. Anyone we asked with a random question was so quick to answer in a helpful manner. We all commented how everyone we crossed paths with at NBC was so helpful."

Meanwhile, the home team had a great day on the Seekonk, claiming 19 gold medals and another 16 second- and third-place finishes in the 35 events it entered (with two or more NBC boats in about half of these races).

Sweeps & Sculls cont.

Top finishers for NBC included:

- **Amelia Collins**, who took first place in the girls novice singles
- **Daniel Monteiro** and **Matthew Clegg** finished third and fourth, respectively, in the boys novice singles
- **Virginia Hopkins** and **Meaghan Delaney** took third and fourth in the first flight of the women's masters singles
- **Deb Chute** took second- and **Anne Hird** third in the second flight
- **Bjorn Sandstede** placed fifth in his men's masters singles race
- Narragansett juniors took second in the juniors quads, with **Minty Gaitskell (stroke), Elsa Panagos, Bailey Scott and Estelle Pivorunas**.
- **Cassin Edgar-Smith** and **Oskar Udris** won their flights of the junior singles. **George Udris** placed fifth in his. Narragansett swept the final flight with **Matthew Doepper first, Reilly Hughes second and Nigel Fortes third**.
- **Nicolette Kirwan** and **Nicola Ranone** won their flight of the juniors doubles. **Constance Schmults and Maylie Conway** placed third in theirs.
- Winners of the boys junior quads, Flight 1, were Narragansett's **Oskar Udris (S), Cassin Edgar-Smith, George Udris and Matthew Doepper** Flight 2 winners were **Reilly Hughes (S), Enzo Sansone, George Eid and Dany Eid**.
- Finishing one-two in the men's masters doubles were **Edward Geye and Scott Whitney**, followed by **Matt Eriksen and Bjorn Sandstede**

- The masters women doubles also took first (**Q Kellogg and Virginia Hopkins**) and second (**Gayle Simmons and Eva Goodman**). Fifth place went to **Meaghan Delaney and Sierra Ferreira**, who recorded their best time (4:04.8) as doubles partners.
- **Minty Gaitskell and Elsa Panagos** took first and second, respectively, in their flight of junior singles. **Bailey Scott** won the next flight, and **Estelle Pivorunas** took fifth in the flight after that
- **Oskar Udris and Cassin Edgar-Smith** won their junior doubles race. **George Udris and Nigel Fortes** placed fourth in theirs
- In the girls junior fours, NBC took first (**stroke Constance Schmults, Maylie Conway, Amelia Collins, Halsey Hollenbeck and cox Isabel Guerra**) and second (**stroke Emilia DiBernardini, Nicola Ranone, Nicolette Kirwan, Lila Flaherty and cox Tessa Adams**).
- The one-two-three men's open singles were Narragansett's **Keyan O'Donnell, Elias Deaibes and Gregg Seiz**
- **Allison Arndt** won the women's open singles; **Margaret Czech** placed fourth
- **Nathaniel Monteiro and Ben Stamp (S)** finished fourth in the men's open doubles.



Photo Credit: Niamh McGowen,

Sweeps & Sculls cont.

- Second place in the women's junior eights went to **Constance Schmults (stroke) Maylie Conway, Nicolette Kirwan, Nicola Ranone, Amelia Collins, Halsey Hollenbeck, Emilia DiBernerdini, Bailey Scott and Grace Demers (cox).**
- Gold medalists in the men's masters eight were Narragansett's **Mia Saracino (C), John Mullen (S), Jamie Reavis, Eric Jones, George Calise, Blake Cushing, Eric Hagberg, John Mulligan and Chris Bardt.**
- **Bob Hannon & Meaghan Delaney** took second in their flight of the mixed doubles. **Tracy Glover & Matt Eriksen** took second in theirs, with **Sharon Cutts and Rock Singewald** following them in third place.
- NBC won their flight of the women's masters quads: **Q Kellogg at stroke, Eva Goodman, Virginia Hopkins and Gayle Simmons.**



Photo Credit: 401 , Elias Deaibes,

- The hosts logged another one-two finish in the men's coxed fours. First: **cox Lucy Moyes, stroke Eric Watne, John Cotter, Scott Whitney and Eric Hagberg.** Second: **cox Meg Wilson, stroke Blake Cushing, Eric Jones, John Collins and Caleb Gaddes.**
- And in the all-Narragansett race of three mixed masters quads, **Gregg Seiz** stroked **Maeve Keohane, MC Warren and Keyan O'Donnel** to first place. **Matt Eriksen** stroked **Wes Kerns, Tracy Glover and Andrea Arena** to second. In third place came stroke **Fran Manchuso, Elias Deaibes, John Mulligan and Marlene Yang** -- a crew that featured the widest age span of the regatta, 52 years.
- In the final racing category of the day – mixed masters eights – Narragansett claimed second third, fourth and fifth places. The lineups:
 - **Cox Lucy Moyes, stroke Graham Willoughby, Zoe Swanson, Libby Mayer, Bob Hannon, Blake Cushing, Angel Okoro, Gayle Scott Whitney and Catherine Matyas.**
 - **Cox Iris Bibeau-Leveillee, stroke Emelia DiBernerdini, Ben Stamp, Halsey Hollenbeck, Enzo Panone, Elsa Panagos, Minty Gaitskell, Matt Doepper and Lila Flaherty.**
 - **Cox Mia Saracino, stroke Eric Jones, Jamie Reavis, Andrea Yelle, Sandy Dupcak, Rob Dupcak, Tiffany Doggett, Deb Kemper, Eric Hagberg.**
 - **Cox Charlie Whitin, stroke Eric Watne, John Cotter, John Collins, Bjorn Sandstede, Eva Godman, Gayle Simmons, Q Kellogg and Sierra Ferreira.**

Regatta Co-chair **Whitney** reports that Sweeps & Sculls netted the club more than \$30,000 – a record for this regatta.



Photo Credit: Niamh McGowen,

CROMWELL CUP

A strong band of juniors and masters represented Narragansett on the Charles, where 600 rowers competed in the Cromwell Cup Regatta, on July 21.

Highlights:

- **Q Kellogg** stroked to second place with **Eva Goodman, Virginia Hopkins & Gayle Simmons**, in their flight of the masters quads,
- With **Iris Bibeau-Leveillee** at cox, the same lineup won the gold medal in their flight of the masters fours.
- **Allison Arndt** also took first in her masters singles race.
- With **Allison** stroking and **Mia Saracino** at cox, Narragansett finished second in the women's masters eight. The rest of the lineup: **Sierra Ferreira, Niamh McGuigan, Paige Melle, Lily Boyle, Sarah Masoin, Alyssa Cooke and Derin Timucin.**
- In their flight of mixed doubles, **Bjorn Sandstede and Jean Lambert** placed fourth.

NBC Juniors also excelled at the Cromwell Cup:

- Gold medalists in the boys quad were **Oskar Udris (stroke), Aidan Lynch, George Udris and Matthew Doepper.** Taking third in the same race were **George Eid, Enzo Sansone, Nigel Fortes and Dany Eid.**
- **Bailey Scott** won her under-17 girls singles race.
- **Minty Gaitskell and Elsa Panagos** finished one-two in the under-19 singles.
- In the girls fours-with, second place went to **Iris Bibeau-Leveillee (cox), Constance Schmults (stroke), Amelia Collins, Maylie Conway and Halsey Hollenbeck.**
- **Nigel Fortes & George Eid** finished fourth in the boys under-17 doubles.
- **Amelia Collins and Halsey Hollenbeck** took fourth in their under-17 doubles race.
- In the under-19 singles, **Oskar Udris, Matthew Doepper and Reilly Hughes** finished second, third and fifth respectively.

HOTS & OPEN ROW

The Head of the Seekonk is underway. The Saturday series of training competitions for head racing season begins at 7 a.m. weekly through Sept. 21. The 5K course runs north from Buoy 2 on the harbor to the red buoy near Swan's Point. The races are self-timed and informal. Watch for alerts from **Dan Gorriaran**.

The first HOTS, on Aug. 3, coincided with a club open row, followed by refreshments and companionship on the North Deck. Watch for **Susan Burgoyne's** announcements of future gatherings.



Photo Credit: Susan Burgoyne

CAPTAIN'S CORNER

Last month's Timely Tidbits from **Captain Watne** remain timely in August. Here they are, reprinted for the good of the club:

- **Off site racing** – if you are taking an NBC boat to an offsite regatta, there is a fee that covers equipment transportation costs. This was adopted in lieu of the complicated trailer fee. It's \$25/seat/boat/person for a one-time usage, or else \$100/person which covers you for as many boats as you race in a season. The Youth Program includes these fees in class tuition. Masters does not, even if you are participating in an Adult Program. The fee must be paid by everyone in your boat before the boat leaves River Road. You can pay from MindBody which is linked to our website. [Narragansett Boat Club \(mindbodyonline.com\)](http://mindbodyonline.com)
- **Boat Use Requests** – If you plan to race an NBC boat at a regatta (home or away) we have a Google sheet where you enter the boat you want to race. At this point I think most folks are aware of this but if you are not it's an Excel spreadsheet and the name of the regatta is on the tab at the bottom. Do not alter these sheets beyond entering your boat request. And keep in mind this is a boat request sheet, it's not a reservation sheet until your request has been approved. Because determination of who gets a boat if there are competing requests is not determined by first person to sign up so it is perfectly acceptable to request a boat for a race that has been requested by another crew. Arbitration is one of my strong suits. Not that I'm especially good at it, I just strongly like doing it. In the case of a team boat you need to enter your entire crew. Unless one of your boatmates is named "et al" the request is invalid. Only requests with the complete crew listed will be considered. [NBC Boat Requests for Races - Google Sheets](#)
- **Private racks** – If you have a private rack at NBC and the boat that resides there isn't going out a couple times a week, please be advised that you may be at risk of losing that spot. NBC has managed to accommodate members with private boats but as more requests for spots come in we will be enforcing the usage requirements until we figure out how to squeeze more boats into our limited footprint. We have an excellent fleet of 1X's and 2X's and if you aren't using yours, you probably don't need a private boat at NBC. *There are exceptions;* you are injured, your rack is one that is difficult to access (i.e. top shelf and therefore not ideal for anyone else,) or you've been an NBC member for 25+ years and you're over 70. *Not acceptable excuses:* you have nowhere else to keep it, you do row it but you don't log the trips. If your boat is not being used by you one option is to share it with other members. This is a great way to log trips and maintain your otherwise underused rack.
- **Aquatic re-entry** – Several folks have inquired about opportunities to learn/practice re-entry into a single from the water. If you are one of them please let me know and if sufficient interest we'll schedule a training.
- **Recruiting** – Finally, If you know someone who you think would enjoy our sport, please put them in contact with me. We have some great learn-to-row programs and this is a great time of year to get out on the water.

FROM THE SEEKONK TO VAIRES-SUR-MARNE

Many members have followed the Olympic adventures of **Emily Kallfelz** of Jamestown, the Narragansett (and Princeton) alum who rowed bow in the U.S. coxless four at Paris. The crew made the finals the hard way, battling to first place in the repechage ahead of the Chinese four that had bested them in an earlier heat. In Thursday's final, the U.S. four finished in fifth place.

Also attending the Olympics are NBC stalwarts **Pat Watson and Sherri Nelson**. Sherri has has posted authoritative reports to members via email.



Photo Credit: Sherri Nelson