



NARRAGANSETT
BOAT CLUB

BOG Meeting Agenda

| | | |
|---------------------------|--|------------------|
| Date: | Wednesday, December 14, 2022 | |
| Time: | 7:00 PM | |
| Place: | Zoom - https://brown.zoom.us/j/99391413589 | |
| Chair: | Kristi Wharton | |
| Secretary | Tiffany Hogan | |
| Advance Materials: | Agenda Minutes from October BOG Meeting Secretary's Report Captain's Report Adult Programs Report Youth Programs Report Facilities Committee Report Governance Committee Report | |
| Agenda: | <p>Approval of Minutes – Kristi Wharton</p> <ul style="list-style-type: none"> • October 12, 2022 <p>Announcements – Kristi Wharton</p> <p>Review of Committee Reports</p> <ul style="list-style-type: none"> • Secretary's Report – Tiffany Hogan • Captain's Report – Eric Watne • Adult Rowing Programs Report – Eric Watne • Program Committee Report – Daniela Roop/John Ryan/Anne Fleet/Wes Kerns • Facilities Committee Report – Pete Evans <p>Old Business</p> <ul style="list-style-type: none"> • Keyless entry <p>New Business</p> <ul style="list-style-type: none"> • Committee structure • Annual Report • Annual dues – vote to approve • NBC Awards • Annual Meeting – location? <p>Remarks for the Good of the Club</p> | |
| Annual Meeting: | Date: | January 11, 2022 |
| | Time: | 7:00 PM |
| | Place: | ? |



Provisional Minutes of the October 2022 Narragansett Boat Club Board of Governors Meeting

| | |
|-----------|------------------|
| Date | October 12, 2022 |
| Time | 7pm |
| Place | Zoom |
| Chair | Kristi Wharton |
| Secretary | Tiffany Hogan |

BOG members present: Pete Evans, Daniella Roop, John Ryan, Andrea Arena, Ruth Berenson, Q Kellogg, Mackenzie Gibson, John Duke, Michael Hamilton

Meeting called to order at: 7:08

The three outstanding meeting minutes:

June 2022: Pete motions to approve and John Ryan seconds. Passed unanimously.

August: Need to add McKenzie to list of present BOG members. Motion to approve as amended. Pete motions and Q seconds. Passed unanimously.

September: Motioned by Ruth and seconded by Q. Passed unanimously.

Reports:

Secretary - Two new members to approve: Shay Strauss and Sarah Fiske. Secretary motions. Ruth seconds. Approved.

Treasurer – Documents attached. The treasurer directs our attention to the “net revenue” line and suggests that we focus on long term planning. Discussed the loan and rates. No decisions.

He has shared two resolutions that can be found in the attached documents. One is specific for Treasury Direct; one is a liability release one. Agent resolution: motioned by Michael Hamilton. Seconded by John Ryan. Passes unanimously with one abstention. Second resolution: releasing Joan Martin from liability. John Ryan motions; Ruth seconds. Passes unanimously. No abstentions.

Captain – no formal report. One Wintech was added this week. Some boats have been sold.

Program Committee – no report.

Governance Committee – No one has stepped up to take over the Chair.

Membership Committee – No report.

Old Business

Safety – sharing the river. Kristi met with representatives from Brown Athletics department. She shared concerns about safety on the river. Meeting went well. When the fall season is over, there will be a meeting to discuss river navigation; meeting will include both Brown and NBC representative.

Dock camera will be working shortly

Keyless system – no update.

Membership Directory – we will be able to use the electronic log book as a directory soon.

New Business: no update; it is supposedly almost done.

Long term planning – time to get back to this. Strategic Planning 2018 plan is up again. Potential for a board retreat soon. Topics and ways to get aligned beforehand were discussed.

Secretary/Nominations – President raises the issue of wanting to start the process earlier. Discussion about whether to have direct elections.

Reminder that Fall Pot Luck is this week

Remarks for the good of the club: the Wintech double has been named the Barbara Link.

The next meeting will be tbd.

Motion to adjourn was made at 9:44 by McKenzie and seconded by Q.

Secretary's Report

Membership as of December 11, 2022

(Prepared by Membership Coordinator)

| <i>Membership Category</i> | <i>12/3/2021</i> | <i>10/10/2022</i> | <i>12/11/2022</i> |
|---|--------------------|------------------------|----------------------|
| | <i>(Last Year)</i> | <i>(Last Meeting)</i> | <i>(CURRENT YTD)</i> |
| Regular | 145 | 139 | 139 |
| Spouse | 9 | 14 | 14 |
| 72+ | 20 | 24 | 24 |
| U23 | 25 | 20 | 20 |
| Life | 10 | 10 | 10 |
| NonResident | 3 | 8 | 8 |
| Clubhouse | 1 | 0 | 0 |
| Total Members | 213 | 215 | 215 |
| Applicant Members to Vote on (included in numbers above) | | | |
| Type | Last_Name | First_Name | Comments |

No new members.



December 2022 Captain's Report

Acquisitions -

Old News: We have taken delivery of the two new 4X's and two new 2X's purchased from Hudson. The new 4X is lightweight, and the two 2X's are flyweight and lightweight. These are going to remain unrigged until the water is back on at NBC so that they can be properly cared for. The Rowing Committee will be revisiting boat storage over the winter. The 2x's are not quick release rigger equipped, so cannot be stored as efficiently as the current Van Dusen 2X fleet.

New 2X – some generous members purchased a Wintech 2X and have named it in honor of their good friend and long-time member Barb Link. The boat is proving very popular, and ideal for folks getting used to rowing a 2X or rowing in more challenging conditions.

Boat Naming – The Rowing Committee has a list of names for the new Hudson's as well as the flyweight Wintech that the club purchased from Fusun last year. Those will be communicated to the BOG separately from this report.

Boat Repairs – The Prichett and Gayle Simmons have been repaired from recent on-water damage. They are back at the boathouse with wounds repaired by Resolute, which is where the Rounseville is currently recovering. Please be careful with our fragile equipment! **Invoices have been or will be sent to the offending parties to cover the deductible per our Policies & Procedures.** Please note that per the Policies and Procedures NBC members are liable for an amount up to the insurance deductible for damage to NBC equipment – regardless of the cause – when it is in their possession.

Boat & Sculler Ratings – During the off season the Rowing Committee will be revisiting criteria for Sculler Ratings, reviewing current sculler ratings, and updating our club boat ratings.

On-water Rowing – While the club remains open to on-water rowing, the temperatures are starting to drop, and there are more frequent days when it is not safe to row. We continue to balance member and equipment safety with members desire to squeeze as much on-water time out of the year as possible. Folks rowing NBC boats are required to bring water to rinse salt from the metal parts, and observe the cold water rowing rules. Failure to observe these rules will result in an early start to your off water training.

Sculling Camp – NBC members may be aware that we have hosted the "All American Rowing Camp" several times over the past few years, and NBC members have also travelled to Florida to attend this popular sculling camp hosted by Mark Wilson. There are efforts afoot to bring the camp back to NBC this spring. Stay tuned as a notice/invitation to participate will be coming out shortly. It's anticipated

this will be a 3-day camp (Friday, Saturday, Sunday) with several sessions each day. Depending on interest it's possible a second session could be added mid-week.

Vision Impaired Rowing – We have been contacted by the Rhode Island Lions Sight Foundation to gauge interest in providing rowing instruction for visually impaired individuals. We hosted an Open House on Saturday November 19th from 10-11AM to show potential participants the boathouse. The feedback is that there is interest in a winter erg session, and then a spring barge session. The Rhode Island Lions Sight Foundation (RILSF) will cover tuition and transportation for interested individuals.

College Racing from NBC – NBC members may be aware that Johnson & Wales (“JWU”) eliminated rowing (men’s club and women’s varsity) from their athletic programs and sold the building that served as their boathouse to a Real Estate developer. The men have moved a 4+ to NBC and are storing several 8’s at Pete Evans shop. The women’s equipment is stored on their trailer somewhere on JWU property. A men’s 4+ is being coached by NBC member and JWU graduate student Sam Silverman. Sam has inquired about hosting a regatta this spring with several colleges (Mass Maritime and similar sized programs) We are waiting for Sam to provide some dates as well as a plan on how the regatta would be run before bringing to the BOG for formal approval. At this point he anticipates 4 or 5 small schools, and possibly only 4’s. More to come as this is fleshed out.

Private Racks – Members with private racks are welcome to keep their boats at NBC during the winter, however should be cognizant of several facts: 1) private equipment is not covered by the NBC insurance policy, regardless of the cause of any damage, and 2) private racks are not guaranteed from year to year. Please see the Policies and Procedures for the criteria to maintain a rack. There are currently no private racks available pending mileage review from 2022.

Self-Rescue training – Bjorn and Wes Kerns led our cold water self-rescue training on Saturday, November 5th. It was great to see a large number of members attempt and pass the test. Those members are allowed to row in a 1X during cold water rules without a personal floatation device. All members regardless of their abilities are required to carry a whistle (one per boat) and continue to use good judgement when making Go/No Go decisions.

Indoor Winter Training – We are working on several opportunities for NBC members to engage in some team winter training activities. A separate e-mail was sent to membership last week gauging interest. We are using that information to devise several options for virtual and in person ergometer training as well as weight training. We had an open house/live training event at Phillipsdale CrossFit last Saturday (12.10) and about a dozen NBC members participated. The training was well received – we may need to add a second session in January if everyone who came to the Open House follows up and registers. A second Open House/Work-out will be held next Saturday 12.17. We’ll provide notice with descriptions of each once they are on Mind Body.

Don’t forget to start training for the Concept 2 January Virtual Team Challenge!

Respectfully submitted;

Eric Watne – NBC Captain & Chair of NBC Rowing Committee



December 2022 Adult Rowing Programs Report

The **Adult Rowing Programs** conducted 5 sessions in 2022 with a total of approximately 431 registrations. The smallest session included approximately 70 registrations, and the largest to approximately 134. This does not include the RISD program which was run as a hybrid – it operated within the NBC programmatic guidelines but was able to be self-conducted and limited to RISD and Brown students. RISD had some learn-to-row students as well as some with limited experience. At the end of the summer RISD entered a 4+ in the HOCA – congratulations on that accomplishment! Many thanks go to our Master's coaches: **Rick Richards, Lisa Evans, Amy Abbot, John Ryan, Jim Devol, Robin Gross, Charlie Whitin, Jill Hubbard, Scott Whitney, Kiana Andersen, Misha Kiselev, Sam Silverman, John Duke & Gayle Simmons. Also Michael Hamilton & John Ryan for performing Launch Training.**

Member Sweeps – Besides the Men's 60+ 4, NBC obtained a lottery entry off the waitlist for a 50+ four, but as most viable candidates had committed to other boats, the entry was passed. The women had 3 guaranteed entries in the HOCA: 2 60+ fours, a 50+ four and were awarded a club four entry from the lottery. Robin Gross handled coaching and boat selection for the women's 4's. There have been efforts to structure a regular Master's sweeps program, but coaching and limited/inconsistent interest from membership has resulted in most sweep rowing being ad hoc. There was a men's and a women's program in the middle of the summer, but those folded when participants committed to training in HOCA boats.

Member Sculling - Jim Devol coached a members sculling session for several months during the summer. This was open to both men and women, and was established as an informal session where folks would sign up for 15-20 minutes slots and meet Jim in the Shark Tank where he would follow 1X's and 2Xs' for approximately 500 meters and then offer tips/observations.

2023 – We're starting the year with indoor rowing opportunities. At this point we anticipate offering 4: remote at home via Zoom, live at NBC, and live at CrossFit which will include a resistance training element. The 4th is a program we're developing with the RI Lions Sight Foundation (RILSF) to teach rowing to visually impaired persons. (See flyer below) We're starting the program in January, and classes will be Saturdays at 10AM. Our goal will be to eventually get them on the water.

In other news we have a new coach joining our ranks for masters coaching this spring. He was the boatman at Tabor; Richard Van Voris. He's built several beautiful wooden 1X's – you can read about them on Row2K. We are always on the hunt for new talent. If you are interested or have a friend who is interested in getting into coaching, please reach out to me.

Rowing Camp – Alan Harlam is working with Mark Wilson and the All-American Rowing Camp to hold a 3-day camp at NBC in the Spring. More details will be forthcoming on this as the details are firmed.

Respectfully submitted;

Eric Watne – NBC Adult Rowing Programs

Indoor & Outdoor VIP Rowing Program

We are please to announce that the **RI Lions Sight Foundation (RILSF)** in partnership with the **Narragansett Boat Club** has agreed to sponsor a ***Rowing Program for the Visually Impaired Persons (VIPs) of Rhode Island***

Current plan is as follows but is subject to change depending on level of participation;

- Saturdays from 10 - 11AM-ish
- First session will be from 1/14/23 - 2/18/23 (Tentative yearly schedule is below)
- 6 Max VIP's per class. (If steady interest is higher, there is an option to use a larger facility)
- Participants will be required to sign a waiver provided by NBC.
- Participants must be able to climb stairs as facility is on an upper floor
- Participants must be at least 17 year old.
- Transportation assistance can be provided with RIDE vouchers if needed.

If interested, please contact Ken Barthelemy by text or email you will be added to the list. You will be contacted directly to confirm your spot in the class.

If needed, participants will be staggered from week to week until we determine what the steady demand will be and determine any adjustments that should be made.

**Location: Narragansett Boat Club, 2 River Drive,
Providence,02906 <https://www.rownbc.org/>**

Tentative Yearly Schedule

- 1/14 - 2/18/2023
- 3/4 - 4/8
- 4/29 - 6/3
- 7/15 - 8/19
- 9/9 - 10/14

We look forward to the success of this new program!

Programs Committee 2022 Annual Report – prepared Dec. 11th,2022

All NBC Adult Rowing Programs this year were run by Eric Watne who has prepared a separate report. Thank you, Eric. We are very fortunate that Eric will be staying on in this role for 2023. Our Adult Rowing Programs are in great hands.

The NBC Youth Programs were initially run by JP Murton who was newly hired at the beginning of the year until the end of March. From May until the end of the year, all Youth Programs were run by the Programs Committee comprised of Daniela Roop, John Ryan, Wes Kerns and more recently Anne Fleet.

Deb Chute worked tirelessly and very methodically all year as the registrar for all NBC programs – never taking a single day off. Unfortunately she has stepped down and we are currently looking for her replacement for 2023. Deb was instrumental in keeping all programs fully enrolled and on schedule and keeping the line of communication with parents open so coaches could focus on coaching rowing. Thank you so much, Deb, for a helping make 2023 a big success.

For Rowing Programs to accomplish their goal of teaching rowing to the wider community, the critical element is finding the right coaching staff. We must thank all our incredible NBC coaches this year who made it all possible: **Rick Richards, Fran O'Donnell, McKenzie Gibson, Angel Okoro, Kiana Andersen, Marlene Yang, Evan Johnson, Paul Demers, Brigid Kennedy, Anne Fleet, Kim Worrell, Joan Brush, Daniela Roop and John Ryan.** Our youth summer camp coaches were mostly recent high school graduates and some returning college students (NBC alums) and they did a fantastic job and brought lots of fun and energy, in addition to recent competitive rowing experiences. They were **Paul Thompson, Lily Sarnowski, Emma Leary, Ben Kerns, Misha Kiselev, May Mark, and Aidan Flanagan.** Thank you to all!

We had a total of 380 separate youth registrations in 2022. A lot of them were repeat “customers”. In general, each season had around 75 youth participants. I would estimate that we had 110-120 individual youth rowers rowing out of NBC this year. The Competitive Team had 32 rowers in the Spring and 39 in the Fall.

The Youth Competitive Team raced at many regattas this year:

- 4 regattas in the Spring: Mercer Sprints (18 rowers), Saratoga Invitational (18 rowers), Northeast Regionals (25 rowers of which 15 qualified for Nationals) and Youth Nationals (11 rowers, with the U17 Girls 4x winning Silver. See photo below.)
- 3 regattas in the Summer: Cromwell Cup (19 rowers), Summer Nationals (2 rowers winning Silver in the U17 Girls 2x), and Sweeps&Sculls.
- **7 regattas in the Fall:** CRI Fall Classic (18 rowers), Riverfront Regatta (23 rowers in 10 events), Head of the Housatonic (13 rowers), NE Jr Champs (11 rowers), Head of the Quinobequin (10 rowers in singles), Head of the Charles (14 rowers and 2 coxswains), Head of the Fish (**32 rowers in 27 events**).



At the end of our Spring racing season, we said goodbye to 10 of our graduating seniors most of whom are now rowing in college (in photo order from left to right):

Max Homer is attending UMichigan

Paul Thompson is rowing at URI

Jodd Sheer is taking a gap year before attending McGill

Sophia Romano is rowing at Trinity

Lily Sarnowski is rowing at George Washington

Patrick Mutterties is rowing at McGill

Emma Mirrer is rowing at Princeton

Charlie Ragona is rowing at Emory

Danie Liang is rowing at UC Davis

Emma Leary (BayView and NBC) is rowing at Cornell (not in this photo)

NBC/Brown STEM To Stern:

We continued our great partnership with San Miguel School and the East Providence Boys and Girls Club which was established in 2021.

We served a total of 19 different kids in 2022. (Compared to 21 in 2021)

Kristi was able to secure a fabulous space on the Brown Campus for the STEM program.

We had another incredible year of donations both cash and in-kind equipment. We purchased a coxed quad for NBC and STS, the Peter M, and were able to cover all program tuition costs for STS families.

An NBC STEM to Stern athlete won our first medal at a US Rowing sanctioned event. Nigel and Adil won Gold in the Men's Youth Novice 2x at the New England Jr. Champs!



Our major challenge for STS continues to be transportation. We have students/schools interested in the program but getting participants to/from the club during the working day is difficult. We hope to work on solving this problem in 2023.

In the summer, we had involvement from some of the high school NBC youth rowers plus 10 Brown grad students, 7 undergrads + 8 Brown rowers - mostly volunteering for STEM.

Three NBC Youth rowers were named STEM to Stern ambassadors - Hannah Dayian, Maude Smith-Montross, and Gianna Vigliotti.

On December 2, 2022, San Miguel School honored the NBC/Brown STEM to Stern Program at their Awards Luncheon on behalf of youth in the city for its impact. Payton De La Cruz, the

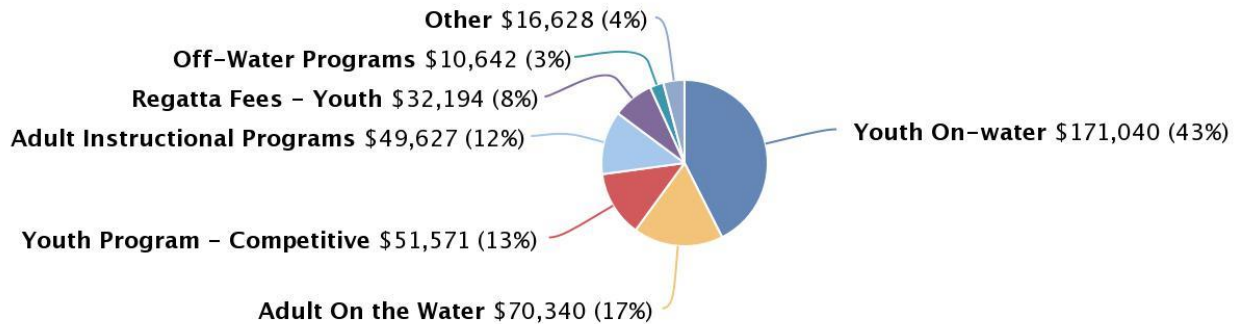
STEM coordinator, and Rick Richards, our LearnToRow coach extraordinaire, received the award on behalf of NBC.



NBC's rowing programs continue to make a great contribution to the larger community by introducing anyone who signs up to the sport of rowing. Our programs support themselves and contribute additional funds to NBC. According to our treasurer, Pete, the Youth Programs contributed approximately \$38,000 from a revenue of \$214,000. Here is a breakdown of the Program sales from 2023 (taken from MindBody reports):

Sales By Category

Total: \$402,046



| Item Name | Quantity | Sales Total | Category |
|---|----------|-------------|------------------------------|
| 2022 Spring Youth ADV/COMP (5 day/wk - 10 wks) | 40 | \$38,202.50 | Youth On-water |
| 2022 6 WK ADULT SCULLING (2 DAY/WK) | 107 | \$34,617.80 | Adult On the Water |
| Youth Advanced Rowing - Fall 2022 | 20 | \$29,716.67 | Youth On-water |
| Youth Competitive Rowing - Fall 2022 (9 WEEKS) | 18 | \$26,325.00 | Youth Program - Competitive |
| 2022 Summer Competitive Morning Session | 51 | \$25,246.40 | Youth Program - Competitive |
| 2022 Youth Summer Camp (5 days/wk 2 wks) | 80 | \$23,376.00 | Youth On-water |
| 2022 Adult Sculling Program (2x/Week - 5 weeks) | 64 | \$18,139.50 | Adult Instructional Programs |
| 2022 Youth EXTENDED Summer Camp (5 days/wk 2 wks) | 22 | \$12,937.50 | Youth On-water |
| Youth Learn to Row - Fall 2022 (2 days/week) | 22 | \$9,605.00 | Youth On-water |
| Youth Intermediate Rowing (M/W/F) - Fall 2022 | 13 | \$9,525.71 | Youth On-water |
| 2022 Bridge ADVANCED (5 days/wk - 3 wks) | 19 | \$9,513.00 | Youth On-water |
| 2022 spring Adult Barge (2x/Week) | 52 | \$9,100.00 | Adult Instructional Programs |
| 2022 6 wk Adult Barge (2 days/wk) | 37 | \$7,682.50 | Adult On the Water |
| 2022 Bridge INT (4 day/wk - 3 wks) | 17 | \$7,650.00 | Youth On-water |
| 2022 6 WK ADULT INT SWEEP/TEAM BOAT (2 DAY/WK) | 32 | \$7,560.10 | Adult On the Water |
| 2022 Wmn's Comp Sweeps (2 days/wk - 5 wks) | 25 | \$7,150.00 | Adult Instructional Programs |
| Adult Team Sculling/Sweep (2 days/wk) | 32 | \$7,060.00 | Adult Instructional Programs |
| Youth Intermediate Rowing (T/TH) - Fall 2022 | 11 | \$5,816.23 | Youth On-water |
| 2022 Saratoga Invitational Regatta Fees | 18 | \$5,420.00 | Regatta Fees - Youth |
| 2022 6 wk Adult Co-Ed Sweep (2 days/wk) | 20 | \$5,313.00 | Adult On the Water |

2023 will begin with new excitement and our continued partnership with CrossFit Phillipsdale in East Providence.

Our immediate goal is to hire a new Registrar. A search committee (John Ryan, Paul Demers, Robin Gross and John Duke) has been tasked with identifying applicants for Program Director.

Seeing the new generation of young people fall in love with rowing and spending their afternoons on the Seekonk, rain, wind or shine, is what makes these programs so worth the time and energy it takes to make them happen. We are all so grateful the Narragansett Boat Club is giving them this wonderful opportunity.

Respectfully submitted,

NBC Programs Committee

Daniela Roop, John Ryan, Wes Kerns and Anne Fleet

2022 End of the Year Report for Governance Committee.

1. There were changes in committee membership:
 - a. Davy Cutts resigned
 - b. Barbara Link resigned.
2. Remaining members of the committee are:
 - a. Tiffany Hogan (chair)
 - b. Eric Goetz
 - c. Rick Richards
 - d. Chanika Phornphutkul
3. The committee only met twice this year; during this time the committee updated the Conflict of Interest policy.
4. Outstanding work for the upcoming year includes revisiting the passage of a new club Constitution, with special emphasis on revising the election process for the BOG. Additionally, a new document that would contain the policies/by laws of the club is partially drafted and needs to be completed.
5. The Committee would benefit from 2 to 3 new members

NBC Facilities 2022 Report

The facilities committee met at the boathouse on Nov 29, 2022 to review the condition of the boathouse and to set agenda and priorities for facilities work for the coming calendar year. As a result of that meeting, the committee is recommending, in priority order:

- 1) No change to the committee charter
- 2) Structural survey of the underpinnings by Atlantic Marine
- 3) Sun shade for outdoor oar storage
- 4) Complete rehab of the the exterior of the boathouse in 2023 including:
 - New windows
 - Doors
 - Trim
 - Siding
 - North Deck
 - Deck Railings
 - Removal of the chimney
 - Addition of an exterior door into the utility space
- 5) Replacement of the water heaters with tankless heaters
- 6) Rehab of the hallway bathroom

We are working on getting estimates for the exterior work but expect that the budget ask for all or most of the work will be significant and in the range of \$150,000

Pete Evans
Kit Wise
John Duke