



NARRAGANSETT
BOAT CLUB

BOG Meeting Agenda

Date:	Wednesday, March 17, 2021
Time:	6:15 PM
Place:	Zoom: https://zoom.us/j/99440425390?pwd=WmJiL0wzMXRJc3dTVTR1OUdpUU5rZz09
Chair:	Jamie Reavis
Secretary	Sherri Nelson
Advance Materials:	Agenda Minutes of Prior BOG Meeting Secretary's Report Treasurer's Report Captain's Report Program Committee Report Team Boat Usage Plan
Agenda:	<p>Approval of Minutes</p> <ul style="list-style-type: none">February 10, 2021 Annual Meeting – Jamie Reavis <p>Review of Committee Reports</p> <ul style="list-style-type: none">Secretary's Report – Sherri NelsonTreasurer's Report – Joan MartinCaptain's Report – Eric WatneProgram Committee Report – Daniela Roop/Joan Martin/Kristin Wharton/Dan GorriaranGovernance Committee Report – Alan HarlamDevelopment Committee – Pat WatsonMembership Committee Report – Ruth BerensonPlanning Committee – Dan GorriaranOthers? <p>Old Business</p> <ul style="list-style-type: none">Conflicts of Interest <p>New Business</p> <ul style="list-style-type: none">Auction for parking spaces, oar slot, etc.- Jamie Reavis

Remarks for the Good of the Club		
Next Meeting:	Date:	April 14, 2021
	Time:	6:15 PM
	Place:	ZOOM



**Narragansett Boat Club
Board of Governors meeting
February 10, 2021 6:15 pm
Virtual via zoom**

Board of Governors members present: Ruth Berenson, Pete Evans, Dan Gorriaran, Alan Harlam, Tiffany Hogan, Virginia Hopkins, Q Kellogg, Duuluu Naranbat, Sherri Nelson, Eric Watne, Pat Watson, Kristi Wharton

Board of Governors members absent: Joan Martin, Jamie Reavis

NBC members present: Lisa Evans, Eric Jones, Wes Kerns, Marlene Yang

Secretary's note: Unfortunately there was a zoom snafu and several members were not able to attend the meeting who otherwise would have, including Rob English, Jim Lunig, John Ryan, Dan Zussman.

The meeting was called to order at 6:20 pm by Kristi Wharton.

Approval of Minutes

Minutes from the 1-20-21 NBC annual meeting were approved, with minor corrections to dates.

Review of Committee Reports

Secretary's Report (Sherri Nelson, Deb Chute)*

- We are down 30 members from same time last year; however, we are up 36 in the last three weeks. As Joan Martin noted, there isn't the usual incentive for members to join sooner since the boathouse is not being used. Of 246 members invoiced, 176 have paid. 28 have already let Joan know they aren't renewing (many are moving out of the area). 41 long time members haven't renewed; a few likely forgot, but she thinks a large percentage of the remaining ones are not likely to renew at this time. We are still doing pretty well in terms of membership, given that it is only February and it isn't clear what will happen with on-water rowing.
- Two new members were voted in (unanimous):
 Alexis Lawrence
 John Mulligan

Treasurer's Report (Joan Martin)*

- Joan was not able to be here tonight but she asked for approval to submit application for \$70K loan from Webster Bank to finance 75% of planned \$92K in boat purchases (along with wakeless launch and 10 sets of sculling oars) that were previously approved by the BOG. Dan clarified the reasoning for the loan: Interest rates are low; we can hold onto our capital in case of emergency; it's a fairly short timeline to pay off the debt.

Motion approved (unanimous): Provide Jamie and Joan the authorization to to file an application and negotiate the loan of \$70k with Webster Bank.

- January financial statements were sent out just prior to the meeting; talk to Joan with any questions.
- Last year, we modified the definition of youth membership; we eliminated youth membership and instituted a definition of “youth rower.” We said that an individual is considered a youth rower through December 31st of the calendar year in which they finished high school. However, there won’t be a change in the constitution re the age at which someone could become a member of the club. So the Program Committee will clarify the wording re rowers who are U23, and send it out to the BOG separately and ask for approval by email.

Captain’s Report (Eric Watne)*

- See report

Program Committee (Daniela Roop / Joan Martin / Kristi Wharton / Dan Gorriaran)

- Dan noted that Eric has been taking a lead role with developing programs. Eric said that off-water program is now happening for adults: 14 people signed up for a M / W / F program. (Volunteer coaches: Dan Gorriaran, John Ryan, Kim Worrell, Anne Fleet, Frances Middendorf). Not too late to sign up; it goes through first week of April. Eric is still working on the junior program, as 7 juniors signed up for 3 different programs; he is trying to get them into the same program.
- Kristi noted that she and Dave (Rand) submitted a proposal to Brown to support Brown students to work on Stem to Stern project, which would include Cuffee students and potentially middle school kids from all over Providence

Development Committee (Pat Watson)

- Pat planning to send out letters to 2020 donors.

Membership Committee (Ruth Berenson)

• Meetings will be 3rd Monday of the month; focus has been the subcommittee of DEI. Judy Kay, a diversity trainer, led a discussion at the most recent DEI meeting. Major theme that came out was the importance of a sense of belonging; what makes someone feel like they belong to the club.

Planning Committee (Dan Gorriaran)

- No report.

Facilities Committee (Pete Evans)

- No report

Old Business

- None

New Business

- **Henderson Bridge construction:** Kristi noted that we are receiving weekly updates from Barletta, the engineering firm that is doing the demolition and rebuilding of the Henderson Bridge. Once we are on the water, they will be very clear which span they are working on each day. This information will be physically posted in the boathouse, and also on the website.
- **NBC website:** Kristi put a plug in for updating the website. Dan has spoken with Joan about budgeting funds for this purpose and a specific group was mentioned, Take Off Design (they built the website). Dan volunteered to open a Dropbox so people can submit photos, videos. Then Tiffany volunteered to write blurbs and assist with content. She will coordinate with others; e.g. Alden Bumstead, Take Off Design group, Program Committee. She will put together a plan and share it.
- **Pawtucket Docks:** Jim Devol forwarded a bid description he was concerned by; request for bids for 6 floating docks in Pawtucket, related to the new development that is planned for that location (Tidewater Landing). The general consensus in this meeting was that there have been floating docks there before and this wasn't seen as a big concern; that there would still be room to row up there and turn around.

Governance Committee (Alan Harlam)*

- **Update on constitution process:** about 100 comments have been dropped into the document, more than they had anticipated; there has been good discussion back and forth. Committee will send out a revised document along with a summary of questions they want people to think about, in advance of the town hall in 2 weeks.
- **Expectations of BOG members*:** we started a new BOG member orientation two years ago. (Kristi acknowledged new BOG members: Tiff Hogan, Q Kellogg, Duuluu Naranbat). Alan put a Google form re BOG fiduciary responsibilities in the meeting chat; this is not a legal form. BOG members present at the meeting were able to acknowledge and give their agreement in the meeting chat. (Alan will send separately to Jamie and Joan, who couldn't be here, to get their signatures. He will also send the printed google form to Sherri.)
- **Conflicts of Interest Policy*:** This is a legal form, adopted by the BOG in October. Complete the form and sign it and send it by email to Sherri.
- **Committee Charters (Alan Harlam):** We reviewed committee charges two years ago. He will send out the charters to each committee to see if they need to be updated, ideally before the March meeting.

Boat Naming

We have several new boats arriving this spring. The following members will have boats named for them:

Gilles Bruneaux
Alden Bumstead

Sharon Cutts
Chris Fay
Anne Fleet
Jonathan Haisman
Daniela Roop
Kristin San Bento
Scott Whitney

Kristi congratulated the recipients and noted that this is an honor because it is an acknowledgment of people's dedication to the club, their volunteer work, and their dedication to rowing.

The meeting was adjourned at 7:15 pm.

Next meeting:

Wednesday, March 10, 2021, 6:15 pm

Location: zoom

*indicates that a report or documentation was submitted as part of tonight's meeting materials

Respectfully submitted,

Sherri Nelson
Secretary

Secretary's report - Membership as of 3/12/2021

<i>Membership Category</i>	<i>2/4/2021</i>	<i>3/12/2021</i>	<i>3/4/2020</i>
Regular	121	123	133
Spouse	5	9	11
72+	21	21	23
U27 (inactive 2021)	0	0	30
U23	12	13	10
Life	10	10	3
NonResident	3	3	2
Clubhouse	0	0	
Total Members	172	179	212
Applicant Members to Vote on (included in numbers above)			
Type	Last_Name	First_Name	Comments

NONE

Note: To date, 139 members have signed 2021 waiver.
Membership increase due to 2020 members rejoining.

The Narragansett Boat Club

Statement of Financial Position

As of February 28, 2021

	TOTAL		
	AS OF FEB 28, 2021	AS OF FEB 29, 2020 (PY)	CHANGE
ASSETS			
Current Assets			
Bank Accounts			
Interest-Bearing	274,195.40	333,828.82	-59,633.42
Non-Interest Bearing	46,383.41	53,187.52	-6,804.11
Total Bank Accounts	\$320,578.81	\$387,016.34	\$ -66,437.53
Accounts Receivable	\$9,192.50	\$200.00	\$8,992.50
Other Current Assets			
Installment Contracts Receivable	20,766.34	17,585.24	3,181.10
Merchandise Inventory	301.92	301.92	0.00
Prepaid Expenses	30,281.23	24,023.39	6,257.84
Undeposited Funds	98.81	2,244.00	-2,145.19
Total Other Current Assets	\$51,448.30	\$44,154.55	\$7,293.75
Total Current Assets	\$381,219.61	\$431,370.89	\$ -50,151.28
Fixed Assets			
Accumulated Amortization	-7,668.90	-5,416.67	-2,252.23
Accumulated Depreciation	-902,948.24	-800,225.33	-102,722.91
Building	325,159.06	325,159.06	0.00
Docks	357,484.85	166,186.85	191,298.00
Equipment	975,134.42	898,617.52	76,516.90
Furniture & Fixtures	49,393.92	42,871.92	6,522.00
Land	517.50	517.50	0.00
Outside Storage Area	356,359.66	356,359.66	0.00
Software & Website	11,760.00	6,500.00	5,260.00
Total Fixed Assets	\$1,165,192.27	\$990,570.51	\$174,621.76
Other Assets			
Deposits on Fixed Assets	16,625.00	3,260.00	13,365.00
Expansion in Process	0.00	76,785.00	-76,785.00
Loan Costs, Net of Amortization	9,737.00	10,293.40	-556.40
Webster Hold Account - 6091	20,000.00	20,000.00	0.00
Total Other Assets	\$46,362.00	\$110,338.40	\$ -63,976.40
TOTAL ASSETS	\$1,592,773.88	\$1,532,279.80	\$60,494.08

The Narragansett Boat Club

Statement of Financial Position

As of February 28, 2021

	TOTAL		
	AS OF FEB 28, 2021	AS OF FEB 29, 2020 (PY)	CHANGE
LIABILITIES AND EQUITY			
Liabilities			
Current Liabilities			
Accounts Payable	\$48.62	\$18,583.61	\$ -18,534.99
Other Current Liabilities			
MBO Account Balances	7,006.85	2,802.94	4,203.91
Total Other Current Liabilities	\$7,006.85	\$2,802.94	\$4,203.91
Total Current Liabilities	\$7,055.47	\$21,386.55	\$ -14,331.08
Long-Term Liabilities			
SBA PPP Loan	74,174.00		74,174.00
Webster Bank Construction LOC	309,891.42	319,978.27	-10,086.85
Total Long-Term Liabilities	\$384,065.42	\$319,978.27	\$64,087.15
Total Liabilities	\$391,120.89	\$341,364.82	\$49,756.07
Equity			
Temporarily Restricted Net Assets	23,105.54	76,019.15	-52,913.61
Unrestricted Net Assets (Board designated)	246,360.00	172,300.00	74,060.00
Unrestricted Net Assets (Operating)	799,792.50	769,349.14	30,443.36
Net Revenue	132,394.95	173,246.69	-40,851.74
Total Equity	\$1,201,652.99	\$1,190,914.98	\$10,738.01
TOTAL LIABILITIES AND EQUITY	\$1,592,773.88	\$1,532,279.80	\$60,494.08

The Narragansett Boat Club

Statement of Activity January - February, 2021

	TOTAL		
	JAN - FEB, 2021	JAN - FEB, 2020 (PY)	CHANGE
Revenue			
Contribution Income			
Annual Fund	3,418.26	2,054.59	1,363.67
Donations in Kind	105.00	100.00	5.00
Scholarship Fund	200.00	200.00	0.00
Total Contribution Income	3,723.26	2,354.59	1,368.67
Equipment Usage Fees			
Erg Rental Fees	2,160.00		2,160.00
Launch & Gas Fees		390.00	-390.00
Total Equipment Usage Fees	2,160.00	390.00	1,770.00
Facilities & Storage Income			
Facility Usage Fees		50.00	-50.00
Storage Fees			
Boat Racks - Individual	20,075.00	15,537.50	4,537.50
Oar Racks	2,970.00	2,447.50	522.50
Total Storage Fees	23,045.00	17,985.00	5,060.00
Total Facilities & Storage Income	23,045.00	18,035.00	5,010.00
Fundraising Events			
Auction		3,750.00	-3,750.00
Event Costs		-751.92	751.92
Raffle		2,560.00	-2,560.00
Total Fundraising Events		5,558.08	-5,558.08
Grant Income			
Foundation Grants		40,000.00	-40,000.00
Total Grant Income		40,000.00	-40,000.00
Membership Dues	115,475.00	115,500.00	-25.00
Miscellaneous Income		-433.14	433.14
PayPal Sales	40.00		40.00
Program Revenue	3,175.00	29,830.00	-26,655.00
Total Revenue	\$147,618.26	\$211,234.53	\$ -63,616.27
Cost of Programs			
Program Expenses			
Payroll Costs	2,520.84	16,380.13	-13,859.29
Program Supplies		225.72	-225.72
Total Program Expenses	2,520.84	16,605.85	-14,085.01
Total Cost Programs	\$2,520.84	\$16,605.85	\$ -14,085.01
GROSS PROFIT	\$145,097.42	\$194,628.68	\$ -49,531.26
Expenditures			
Bank and Merchant Fees	297.20	674.19	-376.99

The Narragansett Boat Club

Statement of Activity January - February, 2021

	TOTAL		
	JAN - FEB, 2021	JAN - FEB, 2020 (PY)	CHANGE
Facility Expenses			
Insurance	1,050.75	2,040.24	-989.49
Offsite Facility Rental		300.00	-300.00
Portable Toilet Rental	1,370.00	605.02	764.98
Real Estate Taxes	3,698.45	7,396.90	-3,698.45
Repairs & Maintenance	144.80	378.50	-233.70
Security	99.00	259.00	-160.00
Supplies	200.00	163.41	36.59
Utilities	170.03	1,867.95	-1,697.92
Total Facility Expenses	6,733.03	13,011.02	-6,277.99
Fleet & Equipment Expenses			
Boat Repairs & Maintenance	387.54	146.90	240.64
Rowing Equipment Insurance	1,266.39	2,230.66	-964.27
Tangible Property Taxes	578.93	1,133.44	-554.51
Total Fleet & Equipment Expenses	2,232.86	3,511.00	-1,278.14
General & Administrative Expenses			
Dues & Subscriptions	400.00	400.00	0.00
Insurance	11.16	380.00	-368.84
Office Supplies & Services		20.63	-20.63
Postage (& Box Rental)	146.00	228.00	-82.00
Professional Fees	355.04	202.84	152.20
Software Licenses	1,003.55	822.91	180.64
Website Hosting & Maintenance	11.90	11.90	0.00
Total General & Administrative Expenses	1,927.65	2,066.28	-138.63
Scholarships Given	750.00	260.00	490.00
Social Events Expenses		218.27	-218.27
Total Expenditures	\$11,940.74	\$19,740.76	\$ -7,800.02
NET OPERATING REVENUE	\$133,156.68	\$174,887.92	\$ -41,731.24
Other Revenue			
Gain(Loss) on Disposal of Assets	196.29		196.29
Interest Income	33.39	117.08	-83.69
Total Other Revenue	\$229.68	\$117.08	\$112.60
Other Expenditures			
Interest Expense	991.41	1,758.31	-766.90
Total Other Expenditures	\$991.41	\$1,758.31	\$ -766.90
NET OTHER REVENUE	\$ -761.73	\$ -1,641.23	\$879.50
NET REVENUE	\$132,394.95	\$173,246.69	\$ -40,851.74



March 2021 Captain's Report

Several items:

- 1. summary of previously approved (electronic) purchases**
- 2. request for BOG approval of modified rowing allowances (under separate cover)**
- 3. Request to spend approx. \$1,000 for year around water supply**
- 4. summary of modified return to rowing rules in light of COVID pandemic & cold water rowing**
- 5. summary of Rowing Committee activities**

1. The Rowing Committee recommended, and the BOG earlier approved by electronic voting the following purchases:

BOAT – NBC member Fusun Gundogan is selling a 2018 flyweight Wintech with aluminum bow rigger. The boat comes with cover, extra shoes, tools, slings and car rack. She's asking \$5,500. Rick Richards has offered to subsidize \$3,000 of this cost so the cost to NBC is \$2,500 for a boat class we need. We will cancel one of the Peinert 25's scheduled for winter 2021 and get a similar hull immediately for about \$5K savings. ***Approved by BOG via electronic voting***

RESCUE RAFTS – An ad hoc group has been revisiting our cold-water rowing rules. One reason for this is the anticipated increase in 1X rowing given the pandemic restrictions. And as we're all aware, 1X's are at greater risk of flipping than 2X and 4X's. One of the critical issues is getting someone who is in the water – likely very cold and not very mobile - over the gunwales and into the launch. One solution is an intermediary raft. These would be carried in the launch. If someone was unable to re-enter a flipped shell, they could crawl onto this raft. From there it would be much easier to get them into the launch, or even tow them to shore or the dock. Additionally these would be useful during learn-to-row sessions in the summer to aid students having difficulty re-entering a flipped shell. The cost of these is \$380 and I asked approval to purchase 2 of them. (\$760) The urgency is that we're close to returning to the water, there's a lead time for delivery, and the supplier has a limited inventory.

This is what they look like:



This is the Amazon link to them: [Amazon.com : SAYOK Inflatable Floating Mat Rescue Board, Inflatable Surfing Board Inflatable Jet Ski Rescue Sled\(68.9 x 37.4 x 5.9 inches, 1 Set\) : Sports & Outdoors](https://www.amazon.com/SAYOK-Inflatable-Floating-Mat-Rescue-Board-Inflatable-Surfing-Board-Inflatable-Jet-Ski-Rescue-Sled/dp/B07XJYXJYX)

Approved by BOG via electronic voting and they have been delivered. They appear to be a great addition to our safety protocols arsenal.

2. On Water Rowing

The Rowing Committee and the Programs Committee under separate cover are requesting modifications to our team boat rowing policies. Some of these are designed to accommodate the Lincoln School and Bay View Academy high school rowing programs as well as the rapid rise in vaccinated members.

3. Revisions to the NBC Policies & Procedures section 4 have been proposed by the Rowing Committee. Items of note include:

- Miles requirements changed to Meters to match log book
- Requirements for B rating revised
- Mileage (meters) to achieve A status increased
- Criteria to achieve A rating modified to require approval of a majority of the Rowing Committee in addition to mileage

4. Request for approval to purchase plumbing supplies – Pete Evans has agreed to work on a recirculating water system that accomplishes several things; 1) supplies hot water year around as a warming source in the event of someone going into the river, and 2) supplies cold water year around so that we are able to wash the salt of boats during all times that we might be rowing on the water. Exact cost is not yet known, but Pete estimates this will not cost more than \$1,000 in materials plus his gratis labor.

5. The following text sent via e-mail to membership 3.10.2021 regarding returning to on-water rowing:

The club will open to on-water rowing tomorrow, Thursday, March 11th

The following rules apply;

- There must be at least one launch driver, and each launch must carry a rescue raft, wool blanket and cell phone.
- Racing 1X's are allowed on the water only with approval of NBC Captain or Lieutenant until further notice
- 2X's allowed provided they are Bubble Doubles or COVID Couples (either living together, or a non-cohabitating couple who limit their 2X rowing to one designated person)
- Wherry's and Explorer's can be rowed by members with an A or B rating
- If there is no launch driver, there is no rowing. You can sign up to drive from the link below. "Fast" launch drivers will follow racing 1X's and/or 2X's. "Slow" launch drivers will follow Wherry's and Explorers.
- The launch will leave the dock at 6AM on weekdays and 6:30 on weekends.
- Rowing may be temporarily suspended if weather conditions are deemed unsafe. These announcements will be made via this Google group channel.
- Shells must remain within 300 meters of the launch
- All scullers must have a whistle – ideally on a lanyard around your neck but otherwise readily available.
- If you are using an NBC shell you must bring ½ gallon of water – 1 gallon for 2Xs - to rinse the tracks, wheels and metal parts of the boat after rowing.
- All COVID protocols must be observed including social distancing, hand washing and mask wearing.
- No one is permitted on the second floor of the boathouse.
- Ideally there will be 2 launches – one to follow faster boats, and one to follow slower boats. At the discretion of the Launch Driver she/he can limit on-water rowing if there is only one launch driver. In other words if there are 3 doubles and 2 racing singles as well as 2 wherries signed out (for instance,) but only one launch driver, that driver can instruct the two wherries to remain on land. Similarly if most of the boats rowing on a given day are slower, the number of faster boats can either agree to remain within 300 meters of the group, or defer to another day. Or recruit a second driver. The point is everyone needs to remain within 300 meters of the launch, which will accommodate the larger group from a rowing speed standpoint. We'll refine this as experience dictates, but there is nothing to prevent members from 'recruiting' drivers to insure they are able to row. In other words if 4 wherry inclined members want to insure they are able to row, one of them can sign up to be the 'slow' driver (sorry for the judgmental moniker) as long as they agree there may be other slow rollers accompanying them. Sounds confusing when I type it but the concept is simple.....
- Launch/gas fee is TBD
- No rowing without a reservation – this will also help us plan launch needs
- If you'd like to drive a launch but need a refresher (and you do) we'll have one planned shortly.

You must be a paid member and have executed the club waiver before rowing on the water. We hope to open team boat rowing as the risks associated with the pandemic abate. Stay tuned.

[Launch Driver Schedule 2021 - Google Sheets](#)

5. The following initiatives are being undertaken by sub-committees of the Rowing Committee. Any NBC member who wants to participate in these efforts should contact the Captain.

1. **Sculler Ratings** – Ongoing review of NBC members Sculling Rating
2. **Sculler Rating Criteria** – Robin and Joan have already started this one. We have revisions to the P&P to recommend.
3. **Parts** – NBC maintains an inventory of parts (wheels, tracks, seats, shoes, oarlocks, spacers, nuts, bolts, etc.) We are going to institute a more organized protocol for ordering, storing and monitoring. Hopefully this will involve NBC securing a qualified “boatman” to repair and maintain NBC equipment.
4. **Boat Ratings** – we are revisiting what boats are appropriate for what rated scullers (Pete and Eric are taking this one)
5. **Club oars** – Lisa Evans and Amy Abbot have been inventorying condition, need for repairs, etc. Also checking and resetting load and grip as appropriate. Signage by computer and private south wall provides guidance as to appropriate oar (color coded) depending on scullers size. Better signage will be prepared.
6. **Rigger Protectors** – We are going to design and deploy a method for protecting NBC hulls from riggers on boats being removed and replaced to their racks.
7. **Additional Oar Storage** – we are working on a plan for maximizing member and club oar storage.
8. **Cold/Hot water year around** – we are exploring options for having a water source available for washing boats and warming members in emergency situations year-around.

Respectfully submitted;

Eric Watne – NBC Captain



March 2021 Programs Committee Report

Organization:

The Programs Committee was formed following our need to scale back the DOR position due to COVID-19. We planned and implemented our programs during 2020. As we begin to expand our programs, the committee will step back from day-to-day responsibilities and will function in a management and oversight capacity to provide cohesion and continuity across all programs. Day-to-day operations will be handled by:

Adult Programs: **Eric Watne**, the **Adult Program Coordinator**, will oversee the day-to-day operations of instructional and coached adult programs.

Youth Programs: **Tom McAlaine**, new **Head Youth Coach**, will oversee the day-to-day operations of all NBC youth programs. Tom will begin March 22, working remotely initially on program planning and will be onsite at NBC when programs open April 5th to start coaching and managing the youth programs.

Tom comes to NBC with 17 years of coaching experience at the Shipley School on Boathouse Row in Philadelphia. Tom rowed in high school and college, and while running a successful business, served as assistant coach at Shipley. He continued to follow his passion to work with youth to develop their rowing skills and competitive edge as head coach, and eventually sold his business, devoting himself full time to coaching and directing youth rowing at all levels, Novice, JV and Varsity. Tom has had great success coaching both girls and boys sculling and sweep boats who have competed and medaled at regional and national regattas.

Winter Off-Water Programs:

Adult: We are entering the last 2 weeks of a 10-week Adult Zoom erg class. We have 15 participants and a rotating cast of 4 coaches meeting Monday, Wednesday and Friday at 6:30AM for a mix of steady state, intervals, stretching and strengthening exercises. These have been very well received.

Youth: Kim Worrell is leading a group of youth athletes in a mix of in person (outdoors at NBC) and virtual fitness and erging. Classes are Monday and Wednesday afternoons and will be ending first week of April.

Pop-Up Erging: We hosted 3 'pop-up' erg sessions for NBC members. One at NBC on the docks, and several off-site using the NBC box trailer. These have been popular opportunities for members to erg and socialize while observing appropriate social distancing.

Spring and Summer On-water Programs Schedule:

Spring Season: Two 6-week sessions

Spring Session I: April 5 – May 14

Spring Session II: May 17 – June 25

Summer Season:

Youth Program: Five 2-week sessions

Summer I: June 28 – July 9

Summer II: July 12 – July 23

Summer III: July 26 – Aug 6

Summer IV: Aug 9 – Aug 20

Tentative?? Summer V: Aug 23 – Sept 3 -

Adult Program: Two 5 or 6 week sessions

June 28 – July 30 (or Aug 6)

Aug 2 (or Aug 9) – Sept 3 (Sept 24)

An informal poll garnered ~90 responses from adults and youth indicating interest is high for spring programs.

We are planning our Spring I programs and registration will open the week of March 22nd on MindBody.

Lincoln / Bay View Academy: Lincoln and Bay View will be returning to the Seekonk in Spring 2021 (subject to BOG approval of team-boat rowing). Their programs will start March 29th and run through the end of May. They will observe all NBC COVID protocols, and will wear masks while rowing. Launch timing and procedures will be coordinated with NBC programs to reduce interaction with NBC members and programs.

NEIRA is still determining its racing schedule is not certain and it is possible there will be no formal racing for these programs this season. NBC will work with Lincoln and BVA to try to schedule some scrimmages on the Seekonk this spring for NBC Youth, BVA, Lincoln, and East Bay Rowing.

Outreach Programs: We are working on several exciting projects.

NBC Program for Cuffee Middle School students

- Swimming (Swim Empowerment) Pawtucket B&G Club MW: Mar 8- Apr 7, 4-4:45pm
- Erging – Pawtucket BGC or Cuffee MW: Apr 12 – May 12, 4-4:45pm
- On-water rowing – NBC MW: May 17 – June 16, 4:45-6pm

STEM to Stern – NBC/Brown

- We are now listed on stemstosternrowing.org as “Partners”
- Focus will be to provide an integrated program for middle school aged youth from the local community, ie. the program is not school-specific – see info sheet attached
- Aim to begin STEM to Stern program as 2-week summer sessions, continue in the fall
- Working with East Providence Boy & Girls Club – they provide transportation, swimming, space for STEM (already have a STEM volunteer – will expand for STEM to Stern)
- Discussions ongoing with San Miguel
- Upcoming discussions with Cuffee are in the works
- Student assistantships will be used to support several Brown student-athletes for summer 2021 to help develop curriculum and programming – both STEM and rowing components
- Brown Crew team will begin fund raising soon for the summer program

Every-Bodies-Fitness (everybodiesfitness.org)

- EBF is a free fitness and sports program for diverse youth founded and run by Melissa DeLuca. It was started as an after school/work boxing program for LGBTQ+ and at-risk youth. These athletes are between 15 and 25 and come from across RI, EBF's mission is to provide athletic instruction and mentoring.
- EBF intends to expand their offerings to include 7 traditionally difficult to reach sports for most high school students and young adults. After more than a year in discussions, we think rowing will fit nicely into their program and if confirmed by the BOG, rowing will be the second sport along with boxing to join the program. As early adopters, NBC is in a unique position to provide support and guidance to make it most effective for EBF and NBC by first targeting young adults (18 to 25) who can get to NBC to row at times that work with our busy afternoon schedule.
- Our current thinking is to develop a short-term two-week introductory program of around 10 athletes in early June. The barge will be the primary boat with a 75-minute session starting at 6:00PM
- More information to follow.

Respectfully submitted,

NBC Programs Committee:

Daniela Roop

Dan Gorriaran

Kristi Wharton

Joan Martin

With:

Eric Watne – Adult programs

Rick Richards & Virginia Hopkins – Cuffee Program

Kim Worrell & John Ryan – STEM to Stern



NARRAGANSETT BOAT CLUB and BROWN CREW - STEM TO STERN

Narragansett Boat Club (NBC) and Brown Crew have partnered with STEM to Stern to eliminate barriers to participation in rowing and STEM education. Many students from underserved communities face barriers including lack of transportation and swimming competency as well as cost and underrepresentation. STEM to Stern addresses these barriers through local and national partnerships to ensure that all students are able to participate on rowing teams, regardless of race, socioeconomic status or address. STEM to Stern enables rowing clubs to be more inclusive, competitive and accessible to everyone and uses rowing to unite students from different communities.

The key to a healthy lifestyle is exercise. The key to a healthy planet is preserving the environment. The key to a healthy future is education. NBC and Brown have partnered to unite these themes in providing a program for middle school students in the Providence area who have not typically had the opportunity to engage in rowing. STEM fields and rowing programs have historically excluded students from underserved communities. STEM to Stern provides access, breaks barriers and increases equity.

A sense of teamwork and commitment is unsurpassed when a group of individuals work together towards a common goal and everyone has an equal share in pulling for the rest of the team. This philosophy is at the core of rowing and students in the NBC/Brown STEM to Stern program will work together as a team to learn how to row, and will be educated in a broad sweep of STEM fields that underlie the sport of rowing, such as exercise physiology, physics and wetlands ecology. In partnership with Brown Crew, we are excited to have this program at NBC, where both summer and after school programs benefit from the participation of both Brown student-athletes and members of the NBC community.

Established in 1838, the Narragansett Boat Club is the oldest rowing club in the United States. NBC has a long history of introducing countless people from the greater Providence community to the sport of rowing and has produced some of the finest athletes at all levels of competition. Brown University Crew is one of the oldest intercollegiate, highly competitive rowing programs with a commitment to increasing access and opportunity in the sport to all youth.

The goal of STEM to Stern is to remove barriers and to bring students together. Through this program and its partnership with Brown Crew, NBC becomes a stronger, more inclusive club that serves and represents our entire community.

For more information, please visit the NBC Youth Programs page on the NBC website: <http://rownbc.org> and the STEM to Stern website: <https://stemtosternrowing.org>



ROWING COMMITTEE REQUEST FOR BOG ACTION RE TEAM BOATS

March 17, 2021

The Rowing Committee clarifies that the following are currently allowed activities at NBC:

- 2X rowing by masters athletes currently cohabitating and showing no signs of COVID infection.
- So called 'COVID Couples,' or 'Bubble Doubles.' These are 2Xs where both athletes show no signs of COVID infection and have agreed that aside from rowing in a 1X will only row with one designated partner. If one athlete displays signs of COVID or tests positive, both athletes are required to quarantine for not less than 14 days or other period as recommended by the RIDOH.

Additionally, the Rowing Committee & the Programs Committee have reviewed and recommend the BOG approve the following additional activities:

Junior 2X Rowing

- Juniors allowed in 2X's are allowed under same rules as Masters noted above (one partner only, no changing partners, quarantine if one partner is symptomatic or tests positive.)
- Must be appropriately rated for the boat
- Launch accompaniment required until further notice

4X / 4 / 4+ - Rowing

- Allowed starting March 29th
- There is no mixing line-ups. Once you row with a set line-up those persons are the only boatmates you are allowed outside of rowing in a 1X.
- If anyone in the boat tests positive for COVID or shows signs of illness, all members must quarantine for the state mandated period.
- All athletes must wear masks at all times – even on the water.
- No stern coxed boats allowed

- Launch accompaniment required until further notice.

These rules were primarily designed with Lincoln & BayView in mind. We have discussed the rules with their respective coaches and athletic directors and are comfortable with the precautions those schools are taking. Launching will be scheduled and spaced to minimize interaction with NBC members and Programs. (i.e. launching from north dock, designated port-a-john located near their racks, off site storage of personal items)

Barge

- NBC will allow Barge rowing starting March 29th
- Similar to 4's rules above, masks will be required while rowing and precautions taken to minimize interaction with NBC members or Programs.
- Barge students may be moved to team boats, however once moved are subject to same rules as 4 Rowing noted above.

Vaccinated team boat rowing

Starting April 1, NBC members who are vaccinated can row together in team boats provided the second shot (Moderna or Pfizer) or first shot (Johnson & Johnson) is at least 14 days prior to the first team outing. While masks are not required on the water, all other COVID protocols at NBC must be observed, including masks on the docks, social distancing, and hand washing.

Please note that these rules are critical to maintaining our impressive record regarding COVID infections among membership. The BOG reserves the right to void or modify any of these allowances if they decide the risks of transmission are not sufficiently mitigated through these protocols, or if the State mandates more strict rules to minimize the risk of the spread are necessary. **Any person who violates these rules will have their NBC rowing privileges, and those if their boat mates suspended for 30-days.**